

Beau Sejour Swim School Application for Adult Swimming Courses

Swimming is a life skill and it's never too late to learn, so why not take up the challenge and join a course?

Beau Sejour Swim School offers courses for adults of all abilities as follows:

Please indicate below the classes that you wish to apply for by ticking the appropriate box. Your name will then be added to the appropriate waiting list and we will contact you when a place is available.

I wish to apply for (please tick)

Adult – Non-Swimmer

At the Swim School we understand the pool can seem like a terrifying place. Possibly you've had a bad experience in water or maybe you've just never had the opportunity to learn. These classes take place within the swimmer's depth i.e. water of a depth where the swimmer can stand

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- *Classes held Saturday mornings during school term time at Beau Sejour – 30 minute session.*
- *Classes held Monday and Wednesday evenings during school term time at Beau Sejour – 30 minute session.*

Adult – Able to Swim 5m – 10m – 25m+ with no buoyancy aid

If you have just learnt to swim and would like to develop your stroke technique over short distances this course would be suitable for you.

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- *Classes held Saturdays 9:00am-9:30am during school term time at Beau Sejour – 30 minute session.*
- *Saturdays 10:00am for those who can just swim 10m-25m.*
- *Saturdays 10.30am for those who can swim 25 metres but are still developing strokes/confidence.*

Adult – Suitable for those able to Swim 25m front and back up to advanced swimmers, Masters and for those in training for Triathlon.

- *Classes held Tuesdays and Thursdays at 19:00 during school term time at St Sampsons High School – 60 minute session.*

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Full Name of Adult (Male/Female/Other) Date of Birth.....

Address.....

Post Code..... E mail.....

Application Date

Tel: Home.....Work.....Mobile.....

DATA PROTECTION: Beau Sejour Swim School complies fully with the Data Protection (Bailiwick of Guernsey) Law 2017 with all data being processed in accordance with its Fair Processing Notice as published on www.beausejour.gg/swimming. The Swim School will use the data above for the purpose of your involvement in swimming activities only. I understand that by submitting this form, I am consenting to receive information about the Swim School by post, email, online or telephone unless stated otherwise.

Signed _____ Print Name _____ Date _____

Please return the form to: Beau Sejour Swim School, Amherst, St Peter Port. Guernsey GY1 2DL or via email to Swimschool@gov.gg